# **Newmarket Cardiology Clinic**

535 Mulock Dr., Suite 360, Newmarket, ON L3Y 5H2 **T:** 289-366-4578 • **F:** 289-366-1611

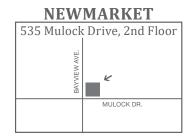
info@ncclinic.ca

	Patient Label	
Appointment:		
CARDIAC WORK-UP	□ consult if test a	abnormal
☐ CARDIOLOGY CONSULT		
☐ ECG		
☐ Holter		
☐ 24H ☐ 48H		
☐ 72H ☐ 14D		
☐ Echocardiogram		
Stress Echo		
Stress Testing		
24H Blood Pressure (NON-OHIP)		
CLINICAL INFORMATION: (Please include all relevant notes a	nd test results with this re	eferral)
Physician Signature		Date
Print Name & OHIP Billing No	).	Copy to

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## CARDIAC DIAGNOSTICS

#### **STRESS and ECHO STRESS TESTING**

- Allow 30-60 minutes; expect to walk on the treadmill for about 6 to 12 minutes.
- Wear comfortable clothing and foot wear.
- Do not eat a large meal 2 hours before your test.
- Take your usual medications unless directed otherwise by your physician
- Do not work out the same day as your test.
- If you have difficulty walking, please let the staff know.

### **ECHOCARDIOGRAM**

• If you prefer a female technologist, please confirm with the staff before you arrive.

### HOLTER AND BLOOD PRESSURE MONITORING

- Allow 20 minutes to attach.
- The recording device is returned on the date specified.
- Please check with staff about whether or not you are able to shower while wearing the device.
- Wear the device as directed for the duration of the test.
- The blood pressure monitor is not covered by OHIP a fee will be charged at the time of set up.

Child care is required during examinations.

Please arrive 10 minutes prior to your appointment and bring your Health Card and this form.

Please provide 24 hours' notice if you are unable to keep your appointment.

We are a scent free office.